BRJ Run and Tri

Minutes of Annual General Meeting

20th March 2025

Present

Claire Ashton, Paul Treadwell, Ian Shipley, Mike Gullis, Paul Mitton, Tim Phillips, Felicity Baillie, Robin Cooper, Emily Miller, Simon Mayes, Neil Whitaker, Richard Braddick, Tony Foster, Ruth Foster, Karen Shurlock, Kerry Surkitt, Annette Newton, Amanda Roland-Convey, Geoff Hopcraft, Adrian Cragg, Nigel Maggs, Alan Hannibal, Claire Few, Paul Homewood, Yvonne Homewood, David Newton, Simon Lumley, Clive Best, Anna Best, Mel Wiffin, Ella Wakley, Jez Bottley, Juliet Aungier, E J Stevens, Rich Stevens, Alison Orrell, Sue Yendley, Giles Corby, Rachel Dent, Adam D'Sousa, Sophie Etheridge.

Apologies

Sue Ray, Ian Wilson, Nicki MaMahon, Kate Ruddock.

Welcome

Claire Ashton welcomed members to the AGM.

Approval of last year's AGM Minutes held 20th March 2024

Approved unanimously.

2024 Charity Presentation

Unfortunately, Luke Claxton from the charity Young Lives vs Cancer wasn't able to attend the meeting due to illness. Felicity Baillie gave the presentation in his place. BRJ raised £1,000 for the charity in the year. This was helped significantly by Felicity's work organising events such as bacon butty runs. The money raised is enough to pay for 38 hours of social workers' time for the children.

Chair's Report

Claire Ashton spoke about the success the club has achieved in this it's 36th year.

Juniors section report

David Newton gave an interesting and insightful speech about the BRJ Juniors. Claire Ashton thanked all involved in the Juniors for their work and success.

See Annex A

Thanks to committee

Claire Ashton explained who the committee were and thanked them for their work over the past year. Two committee members are stepping down at the AGM: -

Sophie Etheridge – Swimming Captain

Clive Best – Web / IT (position being taken over by Tim Phillips.

Membership

Claire Ashton gave the membership report, the club currently have, previous year's numbers in brackets.

Seniors – 221 (209) and 13 beginners Juniors – 83 (63) Over 65's, life and associate members – 27 (20) Total 344 (293)

Lifetime Membership was announced for anyone having been a member of the club for 20 years plus. 5 members qualify for this year.

Alan Hannibal Phil Pearsons Sue Yendley Mike Gullis Nigel Maggs

Frostbite series

Claire gave a brief presentation with photos about the Frostbite series. The club came 8th overall in both senior and Juniors. Thanks to all involved and who volunteer to make the series a success. Especially Alice Edwards and Kate Ruddock for their hard work in putting on the club's races and to Frostbite Coordinator, Claire Few for all her dedication and hard work throughout the season.

Treasurers report

lan Shipley updated the club with the financial report for 2024/ 2024. It was noted that lan was happy with the finances and even smiled.

See Annex B

Swimming Captain

Sophie Etheridge reported on the club swimming for the last year. Pool swimming has increased in numbers over the past months but additional swimming coaches are required.

Sophie presented two awards: -

Swim Guesstimate - William Davies & Most Improved Swimmer - Andrew Skea

Seniors Fees Proposal

Current fees £25.00. Proposal to fix this for 2025 – passed unanimously.

English Athletics fee of £20 PA has increased by £1.00

A new membership option for 2025 to include EA membership on ClubPal. (members are asked to cancel their auto renewal to allow this).

Ouse Valley Way 2024

A very successful Ouse Valley Way was held in 2024 thanks to the hard work of Claire Ashton, Felicity Baillie, Paul Mitton and lots of volunteers.

There were 90 entries for the Marathon. 90 entries for the half marathon and 6 relay teams. The event gave the club a surplus of £1,636.

Constitutional amendments

Two amendments were proposed. Both passed unanimously.

- 9.3 The Members may from time to time fix the levels of admission fees and annual subscriptions to be paid by different categories of members provided that the Committee or the members (as the case may be) shall use its best endeavours to ensure that any such fees or subscriptions do not preclude open membership of the Club. Members shall be enrolled on one of the following categories: senior unaffiliated: senior affiliated; junior member (age 7-18); social member; life member; senior of state pension age.
- 9.5 Children can join the junior section from aged 7 and will preferably be in key stage 2. Membership of children aged 7 and 8 will be at the discretion of the Head Junior Coach who can consider the overall age profile of the junior section before admitting the youngest members.

Renewal of committee roles

One vacancy for Social Secretary was discussed and a volunteer sought. Robin Cooper stepped forward, was proposed by Emily Miller and second by Felicity Baillie. Passes unanimously

Other committee roles all passed unanimously
Chair – Claire Ashton – proposed Ian Shipley, 2nd Tim Phillips
Treasurer – Ian Shipley – proposed Claire Ashton, 2nd Paul Mitton
Secretary – Paul Treadwell – proposed Ian Shipley, 2nd Claire Ashton
Men's Captain – Paul Mitton – proposed Felicity Baillie, 2nd Tim Phillips
Tri Captain & Web – Tim Phillips, 2nd Geoff Hopcroft
Ladies Captain – Felicity Baillie – proposed Paul Treadwell, 2nd Emmily Miller
Membership – Nicki McMahon – proposed Emma Stevens, 2nd Alan Hannibal
Welfare (Seniors) – Emma Stevens – proposed Richard Stevens, 2nd Tim Phillips
President – Alan Hannibal – proposed Paul Mitton, 2nd Claire Ashton

Welfare (Juniors) – Heledd Marshall-Roberts – proposed David Newton, 2nd Sue Yendley

Club Kit – Anna Best – proposed Tim Phillips, 2nd Claire Ashton

Club charity for 2025 nominations

Two charities were put forward as nominations for the club charity for 2025.

Darren Butler proposed Hunts Society for the blind. Anna and Clive Best gave a description of their work

Annette Newton proposed Guide Dogs for the blind and presented a description of their local work.

A vote was held and Guide Dogs for the blind was voted as the club charity for 2025.

Other discussion points discussed

Claire Aston discussed with the room several topics we can look forward to in 2025. Including the club survey, a summer party (hopefully 31st August), Ouse Valley Way races (21st September) and the requirement for more club running, swimming and Tri Leaders and Coaches.

The AGM was concluded with thanks from the Chair to all attending the AGM and for their work throughout 2024.

David Newton gave the thanks from all members to Claire Ashton for her exceptional work.

Close.

Club awards

Throughout the evening awards were presented. Congratulations to all those who won

See Annex C for results.

Annex A

BRJ Run and Tri

Juniors

AGM Report

David Newton (Lead Coach) thanked the committee and the wider membership for their continued support of the Junior section of the club.

He paid tribute to Andy Matson who set up the Juniors and to previous coaches Simon Moore and Paul Mitton for continue to develop the coaching of the children.

He described the changes in the membership over the last year with an increase in membership to 83 members with more than half under eleven.

Average attendance of sessions has risen from over twenty to currently about forty children.

There is a team of fourteen regular volunteers with two coaches, five Coaching Assistants and seven volunteers. Two of whom are already booked on coaching courses.

David spoke of the special nature of this generation of children. During the restrictions of covid they relied on their screens for almost everything from education, recreation and maintaining friendships.

They now have a chance to get away from their screens, to get out and active with BRJ.

David spoke of the importance of having a challenge; to find out if they can go further or faster than they believed was possible.

These challenges Include:

Junior Championships, which now includes races we organise ourselves at the track and on the trails in Hinchingbrooke Country Park.

Thanks to Alison Orrell for coordinating the results.

We have introduced Clun Standards based on the Age Grading with badges awarded for 50% (Bronze) 60% (Silver) and 70% (Gold) of the age grade.

We meet during term time with newsletters to parent each term letting them know of our plans for training and important events not to be missed.

During the Summer Holidays in 2024 we introduced a virtual running challenge. IRMA: I Ran My Age.

This was very successful and a good way to keep the children running during the summer break.

The children also had the opportunity to take part in Sport shall athletics at local County and Regional level. These indoor athletic competitions are great fun with an opportunity to try out running jumping and throwing competitions in a very supportive arena.

Thanks to Jonathon Eason for coordinating the junior teams.

The Junior section face challenges as well. We find it difficult to field teams for inter club races such as Frostbite and Grand Prix.

Some children have commitments to other sports and others remain beyond persuasion. We continue to work hard with children and their parents to ensure the club is fully represented in these competitions.

We have also been losing some of our more able runners to other clubs notably Hunts AC, whose approach is more demanding of their Junior Members to both turn up and to perform.

This raises the question of what is our approach? What do we want for our Juniors.?

David said that like the rest of the club BRJ Juniors aimed to be inclusive and friendly. He said "We will help and support you get the best out of your efforts. We will cheer you on as you find your best. We will instill a pleasure in feeling fit where exercise becomes a habit and running a lifelong pleasure. If we can inspire a love of running it is a gift that keeps giving. For our children it starts with BRJ Juniors"

Annex B

BRJ RUN AND TRI ACCOUNTS FOR THE PERIOD ENDED 28TH FEBRUARY 2025

Remaining general reserves now

£8,662

BALANCE SHEET				
DALANCE SHEET	2025		2024	
	£	£	£	£
NET CURRENT ASSETS				
Cash at bank	14883		12672	
Payments in advance	940		1418	
Stock of kit on hand	2892		3088	
	18715		17178	
NET CURRENT LIABILITIES				
Income received in advance Owing to track and pool and others Monies received in advance for 2025 NET ASSETS	967 86 1053	17662	1319 0 1319	15859
RESERVES BROUGHT FORWARD - Designated reserves Race cancellation and low attendance fund Coaching fund - General reserves NET SURPLUS FOR THE YEAR RESERVES CARRIED FORWARD	5500 3500 6859	15859 1803 17662	5500 3500 8688 	17688 -1829 15859

Annex C

Detail of the awards

announced at the AGM.

Most Running PB's (Senior)

<u>Men</u>

- 1. Adam D'Souza (25) *Mens Record*
- 2. Robin Cooper (20)
- 3. Simon Mayes & Alex Mitton (9)

Women

- 1. Emily Miller (13)
- 2. Eszter Gulacsy (11)
- 3. Kathy Unwin (8)

Senior Running Championships

Top 3 Winners

Men

- 1. Paul Mitton (227.23 points)
- 2. Jonathan Harding (221.06 points)
- 3. Neil Whitaker (207.58 points)

Women

- 1. Annette Newton (258.71 points)
- 2. Felicity Baillie (220.29 points)
- 3. Alison Orrell (220.28 points)

Age Category Winners

- 20-34 Cameron Taylor-Hall & Emily Miller
- 35-39 Simon Mayes & Felicity Baillie
- 40-44 Neil Whitaker & Sarah Taylor-Hall
- 45-49 Jonathan Harding
- 50-54 Paul Mitton & Amanda Roland-Convey
- 55-59 Richard Orrell & Alison Orrell
- 60-64 Paul Treadwell
- 65+ Mike Gullis & Annette Newton

Senior Multi-Sports Championships

Duathlon

Men - Stuart Hathaway Women - Mica Covell

Triathlon

Men - David Ward Women - Heledd Marshall-Roberts

Frostbite" Runners of the Series"

Senior Man - Cameron Taylor-Hall Senior Woman - Christine Howard

Swim Guesstimate

William Davies

Most Improved Swimmer

Andrew Skea

George Cant Memorial Trophy

Mike Gullis