

BRJ Run and Tri

Minutes of Annual General Meeting

21st March 2024

Present:

Claire Ashton, Juliet Aungier, Felicity Baillie, Anna Best Clive Best, Gilles Corby, Adam Covell, Mica Covell, Adrian Cragg, Rachael Dent, Adam d' Souza, Alice Edwards, Sophie Etheridge, Philip Graham-Clare, Mike Gullis, Alan Hannibal, Geoff Hopcroft, Karen James, Simon Lumley, Nigel Maggs, Emily Marshall-Roberts, Heledd Marshall-Roberts, Sophie Marshall-Roberts, Nicki McMahon, Paul Mitton, Annette Newton, David Newton, Alice Noyes, Debra Parker, Neil Parker, Tim Phillips, Gerry Pye, Camilla Rhead, Amanda Roland- Convey, Mark Sampson , Paul Treadwell, Ian Shipley, Andrew Stevenson, Kerry Surkitt, Chloe Wilson, Ian Wilson, Sue Yendley.

Apologies:

Harriet Dolby, Claire Few, Phil Pearsons, Kate Ruddock, Lisa Shacklock, Claire Few, Sarah Taylor Hall

1. Welcome

Claire Ashton welcomed members to the AGM.

2. Minutes of the AGM 23rd March 2023

Minutes approved

3. Chair's Report

Claire Ashton outlined the activities of the club, (presentation attached), and thanked everyone who contributed to these activities. Throughout the year the club has supported a full programme of training events, racing and re-established the Ouse Valley Way Marathon. The 35th anniversary of the club was celebrated with social and fundraising events, including the summer party.

Membership

Total membership is 293 with 63 juniors, 210 seniors, and 20 over 65s, life and associate membership. (This compares with 63 junior, 209 seniors and 18 over 65, life and associate last year)
Club renewals will be managed via Clubpal.

Charity Report

Kate Ruddock organized fundraising for the club charity, 'Get Kids Going' with events each month, and raised £1, 421.75.

Frostbite League

Claire thanked Claire Few for her work with the Frostbite League, and Kate Ruddock, and Alice Edwards who organised the BRJ race. Thanks also to the club members who raced and volunteered to make the Frostbite a success. The seniors and juniors both finished 6th overall.

Members voted for the Frostbite runners of the series. The awards were.

Senior Man – William Dales

Senior Woman- Heledd Marshall-Roberts

Junior Frostbite League awards to presented at Junior Awards Evening 24th April 2024

4. Treasurer's Report

Ian Shipley presented the club accounts for the period ended 29th February 2024. He summarised the income and expenditure, highlighting the club activities and main areas of expenditure. There was an annual net deficit of £1,829 covered by reserves. He explained the need to maintain sufficient reserves to cover potential risks to the club, for example if extreme events require the cancellation of the Ouse Valley Marathon. There was discussion of these issues. The meeting thanked Ian for his work. He can be contacted if there are further questions.

5. Fees approval

The Committee proposed increasing the senior membership fee to £25 from £20. This reflects the increase in the hire of facilities, the use of Clubpal for payments, and the club promotion of multisport with the provision of more sessions to encourage participation. There was discussion of these issues. The proposal was approved with a show of hands.

The EA registration fee will increase from £17 to £19.

The junior fee covers all the junior sessions including track and the sports hall and will increase from £19 to £21.

Members will receive a renewal email with payment through Clubpal.

6. Renewal of Committee Roles

Claire thanked the Committee for their work throughout the year. Most committee members are willing to continue in their roles for another year. These nominations were proposed by Gerry Pye, seconded by Geoff Hopcraft and unanimously endorsed. The committee is listed below:

Club President	Alan Hannibal
Core Roles for England Athletics Standards and British Triathlon	
Chair	Claire Ashton
Secretary	Vacant
Treasurer	Ian Shipley
Membership Secretary	Nicki McMahon
Lead Welfare Officer	Emma Stevens
Welfare Officer	Heledd Marshall- Roberts
Additional Roles	
Running Captain Men's	Paul Mitton
Running Captain Women's	Felicity Baillie
Communications Officer	Sophie Etheridge
Kit Officer	Anna Best
Results Coordinator	Mike Gullis
Frostbite Liaison Officer	Claire Few
Fundraising Officer	Felicity Baillie
Social Secretary	Lisa Shacklock
Coaching Coordinator (running)	Paul Mitton
Multisport Captain	Tim Phillips
Website Officer	Clive Best
Head Junior Coach	David Newton
Inclusion Officer	Sophie Etheridge

7. Charity Nominations

There was one charity nomination. Felicity Baillie presented the Veronica Claxton Memorial Fund. The fund was established by Veronica Claxton's family to fund raise and support childhood cancer charities. All the money raised goes to charities, including Young Lives vs Cancer and CLIC Sargent for Children with Cancer, with a focus on supporting local people.

The Veronica Claxton Memorial Fund was unanimously endorsed as the club charity with a show of hands.

8. Looking to the Future

Claire highlighted plans for the coming year. Members have access to the annual plan that lists all the club events, with more detailed information on Clubpal.

The club is organising the Ouse Valley Marathon (22nd September 2024) as an annual event and members are encouraged to support and promote the race.

Tony Farrow is again organising the pentathlon.

Simon Lumley is organising another beginners' course, starting 29th April.

Tim Phillips outlined plans to develop multisport activities and encourage increased participation. The club multisport championships includes local events for both experienced triathletes/ duathletes, and support for members new to these events. There is a programme of training events and Tim encouraged members to become involved and suggest other training and events they would like.

Sophie is planning swimming awards with pool and open water swimming. This will include a 'guestimate' format to be inclusive for all swimmers.

Presentation Sophie Etheridge

Sophie gave an inspiring account of her amazing cross channel swim in August, describing some of the highs and lows of her 29-hour record breaking swim. This was the longest cross channel swim and the first cross channel swim by someone with Sophie's disability.

Sophie has written a blog describing her experience, given many interviews, and received several awards, including the Channel Swimming and Piloting Federation Jersey Long Distance Swimming 'For Special Recognition Award and Cup'. Sophie was also nominated for the World Open Water Swimming Awards and was 2nd - Adaptive Performance of the Year, 5th - The Woman of The Year, 7th - The Performance of The Year.

Sophie has raised over £6,000 for STA Starlight- Shining a light on disability swimming. This funds further training for swimming teachers to adapt their lessons for people with disabilities

Awards

George Cant Award

Presented annually in honour of George Cant who was a member of the St John's Ambulance organisation, and provided medical cover to the Frostbite Friendly League over many years. It is awarded by the committee to a member who has given particular commitment volunteering and supporting the club.

The George Cant award for 2022 was presented to Paul Mitton

Most Senior Running PBs Award

Mike Gullis established the most PBs awards to encourage competition and acknowledge the progress of athletes. The awards for 2022 were presented;

Position	Women	Number of PBs	Men	Number of PBs
1st	Rachael Dent	11	Mark Sampson	12
2nd	Mica Covell	9	Andrew Stevenson	8
3rd	Chloe Wilson	6	Ian Piercy	7

Senior Running Championships Awards

Mike Gullis was thanked for his work in collecting and collating race results each week for seniors and juniors, and for collating the age grade scores for the running championships.

There are 12 nominated events within the annual senior running championships and one marathon result can also be included. Members must complete four of the events. The result is converted to an age grade score and the best three scores are used for the championships.

The senior running championships awards for 2022 were presented.

Age Category Winners

Category	Men	Score	Women	Score
U20	Not awarded		Not awarded	
20-34	Mark Sampson	244.31	Rachael Dent	161.28
35-39	Not awarded		Felicity Baillie	210.80
40-44	Neil Whitaker	192.73	Not awarded	
45-49	Jonathon Harding	217.14	Kerry Surkitt	200.80
50-54	Paul Mitton	225.41	Not awarded	
55-59	Richard Orrell	206.26	Alison Orrell	222.83
60-64	Mike Gullis	193.35	Not awarded	
65+	David Newton	229.63	Annette Newton	265.62

Overall Winners;

	Men	Women
1 st	Mark Sampson (Diamond)	Annette Newton (Diamond)
2 nd	David Newton (Platinum)	Alison Orrell (Gold)
3 rd	Paul Mitton (Platinum)	Felicity Baillie (Gold)

Junior Running Championship Awards

The Junior Running Championships awards 2023 will be presented by Claire Ashton at the Junior awards event on 24th April.