

BRJ Committee Meeting

Thursday 6th February 2024

Present: Claire Ashton, Felicity Baillie, Anna Best, Clive Best Heledd Marshall-Roberts, Nicki McMahon Paul Mitton, Annette Newton, Tim Phillips, Kate Ruddock, Ian Shipley, Emma Stevens

Apologies: Sophie Etheridge, Lisa Shacklock,

1. Welcome		
2. Minutes	Minutes of the committee meeting 7 th December 2023 were approved.	
3. Action Points	<p>Update Website Content Juniors and triathlon pages have been updated. Paul will review and update the running pages.</p> <p>There was discussion of the function of the website with Clubpal. The website is public facing and provides information about the club, including formal documents ie the constitution and policies. Mike Gullis provides race results each week, and these posts give an up to date view of the racing activities of the club. It was agreed that the website provides a useful function and should be maintained in its present form. Clive will check how many people visit the website and which pages.</p>	<p>PM</p> <p>CB</p>
4. Long Term Planning	<p>Annual Calendar 2024 Committee members are asked to update the calendar;</p> <ul style="list-style-type: none"> • Senior running championship- Fliss • Junior Championship- Heledd • Multi-sport championship- Tim • Pentathlon- Tony will organise this and dates will be added when available. • Other events- add as dates agreed <p>https://docs.google.com/spreadsheets/d/1uKsK1t8WJeHZYm2E0SelJ3idgeD8wlpU/edit#gid=1232150510</p>	<p>FB HM-R TP</p>
5. Ouse Valley Way Marathon 2024	<p>OVWM 22nd September 2024</p> <ul style="list-style-type: none"> • Registration is open and 5 people have registered for the marathon. There is also a half marathon, and half marathon relay. • Two people have volunteered to be tail runners • Race Director to be confirmed • David Newton has offered to take responsibility for the path, including marking and signing the route, and is meeting with the Ouse Valley Trust and County Council who are discussing the path maintenance. 	<p>CA</p>

<p>6. Officers Reports</p>	<p>MEMBERSHIP Nicki reported that there are 210 seniors, 18 life members, 6 beginners, 61 juniors and 1 social member. (An increase of 12 from the previous meeting)</p> <p>Club Captains Paul will organize another 6 week track programme to focus on 10K training, This will be completed before the April membership year.</p> <p>Multisport</p> <ul style="list-style-type: none"> • Pool Swimming Numbers have increased, Tim suggests that promotion, publishing the plan, and passes for a 6 week block have all contributed. A BRJ experienced junior triathlete has asked to attend the coached swimming. Some swim coaches have concerns for juniors accessing the adult session and the BTF requirements are difficult to fulfil. An option may be to consider this as a one-off, exceptional case and have individual arrangements. It was agreed to discuss with Sophie and the swim coaches, and if acceptable discuss with BTF. Emma could do the risk assessment. • Lake Swimming Sophie’s report ; ‘The Cambridge Swimming Company wants to have a meeting with us about how we can work together to improve the running of the Friday swim sessions and how we can work together to potentially offer more open water swimming to members. We are also looking into running an Open Water Lifeguarding course, which I believe will be open to members to complete if they are interested.’ Sophie will arrange a meeting. • Cycling The Thursday evening turbo sessions will finish at the end of February, there have been up to 7 people participating, mostly from home. Tim reported the individual cost of a Zwift account is £12.99. There will be further consideration of the best way to run any future sessions. • Club Championships Tim gave feedback from the trial of the club championships 2023 and will use a similar format for 2024 with accessible local races. Tim to publish the events and add these to the annual calendar. 	<p>SE/CA</p> <p>TP</p>
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	<p>Coaching</p> <ul style="list-style-type: none"> • The 6 week track programme has been popular with increased attendance and new and returning members. Paul will organize another 6 week track programme to focus on 10K training • Draft run leader guidance was circulated and agreed with some amendments. Actions <ul style="list-style-type: none"> - Circulate to run leaders and distribute the first aid kits - Offer run leaders a running top and collate order to Anna. <p>Juniors</p> <p>Heledd circulated the junior newsletter. This was put together by Kate Bement, the committee thanked Kate for this impressive newsletter.</p> <p>Heledd raised a concern from a junior assistant coach who continues to coach juniors but has no other involvement with the club and suggests the membership fee is a 'payment to volunteer'. It is proposed to have a volunteer membership which can give limited access to Clubpal, but not enable senior sessions to be booked.</p> <p>Fundraising</p> <p>Kate circulated the fundraising report, with a total of £1,421 plus gift aid.</p> <p>Social Events</p> <p>Claire gave feedback from discussions with St Ives Golf Club on the lack of access to the disco at the Christmas party. They apologised and reimbursed a member.</p> <p>Communications</p> <p>Sophie continuing to publicise events.</p> <p>Welfare</p> <p>Emma has received information from EA that 'talent scouts' are approaching athletes to offer sponsorship and scholarships. EA suggests contacting them to confirm validity if this happens.</p> <p>Kit</p> <p>The Bioracer order is open. The issue of sizing for juniors has been resolved and Anna has samples for juniors.</p> <p>Anna has some old kit in stock and this will be sold at reduced price at the AGM.</p> <p>Finance</p> <p>Ian reported that here is £14,500 in the bank account.</p> <p>Items sold through Clubpal need to include the administrative cost of Stripe.</p> <p>Membership Fees</p> <p>The membership fees need to be agreed at the AGM.</p>	<p>PM</p> <p>AN</p> <p>CA</p>
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	<p>The committee proposes; Senior member £25, Junior member £21. EA registration is increasing to £19.</p> <p>Annual track pass £50, with options for other passes.</p>	
7. AGM	<p>AGM Thursday 21st March 2024 7.00-9.00pm Brampton Memorial Hall</p> <p>Same format as previously. Claire to invite Sophie to be the speaker. Claire to ask members to nominate a charity for 2024, with the expectation that if the charity has most votes at the AGM the nominee will take on fundraising.</p> <p>Committee members are asked to let Annette know if they are willing to stand again.</p>	<p>CA</p> <p>All</p>
8. BRJ Frostbite	<p>BRJ Frostbite 10th March</p> <p>Kate will be the Lead Marshal and requests volunteers</p>	
9. AOB	<p>Proposal London Marathon Club Ballot</p> <p>Mike Gullis proposed a clarification of the rules for the club ballot reflecting that 'good for age' applications are no longer guaranteed a place. The committee endorsed the proposed change. In addition the committee proposed a further clarification; that members must be an active member for two full membership years to be eligible for the ballot.</p> <p>The clarification of the rules for the ballot are highlighted below;</p>	

	<p>BRJ London Marathon Club Ballot Rules</p> <p>BRJ Run and Tri is awarded London Marathon places because of our affiliation to England Athletics. We typically offer these places to our members via a ballot. To enter the ballot you must comply with the following rules:</p> <p>Eligibility to enter the ballot for the London Marathon 2025</p> <ol style="list-style-type: none"> 1. Members must be fully paid first-claim members – including membership of England Athletics, for the ballot year, for this draw that’s by the end of April 2024. 2. Members must have been an active member in the previous two membership years, ie. from April 2022 3. Members must have applied for the 2025 marathon via either the Public or Good for Age Ballots or both and have a rejection email to prove they have been rejected from 1 or both Ballots 4. Rejection emails should be sent to members@brjrunandtri.org by 24th November 2023. <p>Ballot process</p> <ol style="list-style-type: none"> 1. The final list of members to enter the club ballot will be approved and circulated by the committee. 2. Any member objecting to the committee’s decision, as to who to enter into the club ballot, should raise their concerns prior to the club ballot. 3. Any member who receives a marathon entry through the club ballot, and later wishes to defer, MUST notify the Club Chair prior to deferral, in case there is an option to transfer the Club Place to the Reserve Member. 4. Any member who receives a marathon entry through the club ballot, and later wishes to defer, should notify the club captain prior to deferral, in case there is an option for another member to take that place. 5. Any member who receives a marathon entry through the club ballot can enter the ballot in the next year but will go to the bottom of the list – i.e. will be a last reserve. 	
Date of Next Meeting	To be confirmed after the AGM	