

BRJ Committee Meeting

Thursday 3rd August 2023

Present: Claire Ashton, Felicity Baillie, Anna Best, Clive Best, Sophie Etheridge, Nicki McMahon Paul Mitton, Annette Newton, Tim Phillips, Kate Ruddock, Lisa Shacklock, Emma Stevens,

Apologies: Sam Ahern, Heledd Marshall-Roberts, Kate Ruddock Ian Shipley,

1.Welcome		
2 .Minutes	<p>Minutes of the committee meeting 15th June were approved.</p> <p>Some continuing difficulties with committee email. Clive to review and check email links.</p>	CB
3.Action Points	<p>Member Engagement</p> <p>Sophie said the number of ‘likes’ on the facebook page is increasing. Claire attended a webinar on member engagement and outlined some of the ideas. It was agreed to;</p> <ul style="list-style-type: none"> • Amend the membership form to include; Where did you hear about BRJ? What are your interests? What are your goals? • Develop a buddy scheme • Contact Hinchingsbrooke Park for permission to have a club banner at the park. <p>Claire circulated attendance figures from Clubpal (attached), some sessions are unsustainable without increased participation. The data give average attendance but can not extract the number of individuals who attend sessions over a period.</p>	<p>NMcM</p> <p>PM/FB</p> <p>CA</p>
4. Long Term Planning	<p>Long Term Planning</p> <p>Claire asked the committee to think about developing longer term plans, to ensure we are providing activities that people want, and sessions are sustainable. This work is likely to need some subgroups for more detailed planning, but initial questions include;</p> <p>What do we want the club to look like in five years’ time?</p> <p>Who is the club for and how are reaching them?</p> <p>What sessions do we want to run to meet the needs of the people we aim at?</p> <p>How many coaches, leaders and volunteers will we need to deliver these?</p> <p>How do we train people to get to the right level?</p> <p>What funding do we need to help us with this and where from?</p> <p>Do we partner with other organisations to support sessions?</p> <p>Triathlon</p> <p>Tim circulated initial ideas for triathlon with a proposed vision (below) and actions to achieve this.</p>	

	<p>Vision – BRJ Run & Tri to become (and be seen as) a running and triathlon club (equally) over the next five years, and become known as one of the best tri clubs in the area. Tim agreed to establish a subgroup to develop detailed plans.</p> <p>Open Water Swimming Sophie said lake swimming has been less popular this year. There is much more weed in the lake, so the swim route has been shortened. A longer swim route was a significant attraction for Hinchingsbrooke Lake. Sophie agreed to develop a plan for open water swimming for next year.</p> <p>Track Paul will develop a proposal to increase participation at track. This may include focused sessions for half marathon/ marathon and shorter distances. This could also include a half marathon/ marathon training programme January to April that includes Sunday long runs.</p> <p>Coaches/ Leaders All of the proposed developments will need more coaches and leaders for running and triathlon. People may be interested to coach and lead specific activities, and this could be identified and defined when recruiting coaches.</p>	<p>TP</p> <p>SE</p> <p>PM</p>
<p>5. BRJ 35th Anniversary</p>	<p>BRJ 35th Anniversary</p> <ul style="list-style-type: none"> • Kit memorabilia Hats should be delivered in August, 25 T shirts have been ordered and delivered. <p>Planned events Tim suggested a triathlon could be added to the list. This could be for individuals or relay teams and organised at Hinchingsbrooke Park.</p> <ul style="list-style-type: none"> • Sun day 27th August Steeplechase (David and Kate to organise, this can include runners and cyclists.) • Sunday 3rd September Summer Party Booking on Clubpal. Planning games and food. • Monday 4th September, Invitational Run. Paul and Felicity to organise, invite other clubs. Sophie to update poster • Sunday 1st October Bacon Butty Run (Kate and Claire Few to organise) • Monday 30th October Halloween Run (Annette and Lisa to organise) • Saturday 11th November Quiz Night (Kate to organise) • Saturday 16th December Christmas Party (Lisa to organise) • TBC Santa Run 	<p>TP</p> <p>KR/DN</p> <p>CA/LS</p> <p>PM/FB</p> <p>KR/CF AN/LS</p> <p>KR</p> <p>LS</p>

<p>6. Ouse Valley Way Marathon</p>	<p>Ouse Valley Way Marathon Gerry circulated the latest planning report;</p> <p>Entrants Numbers are still low with 30 people registered for the marathon and 8 for the half marathon relay. Some people have asked to run it as a half marathon, this will be planned, but the relay change over is not an exact half marathon. Gerry estimates 40-50 more runners are needed. At present the projected loss is £1,600.</p> <p>Course There have been discussions with the County Council, who have responsibility for maintaining the Ouse Valley Way, and the Ouse Valley Trust. There is no guarantee that the required work to clear the path will be carried out. Gerry and David Newton will organise volunteers to cut the path. This is dependent on having sufficient volunteers with their own cutting equipment.</p> <p>Marshals Fliss is the lead marshal and is recruiting volunteers. Approximately 60 marshals are required, this may be slightly less if marshals near the start are willing to move to other positions.</p>	
<p>7. Officers Reports</p>	<p>MEMBERSHIP Nicki reported that there are 50 Juniors, 190 Seniors, including 16 life members, 6 beginners and 1 associate members. 84 members are EA affiliated.</p> <p>BRJ will be allocated one place for the London Marathon on the basis of the EA affiliated athletes. We will be notified of this in November and the deadline to complete registration is 16.00 Thursday 25th January 2024.</p> <p>The process for the ballot is on the club website. Alan will organise the ballot.</p> <p>MULTISPORT Cycling Tim said attendance at the recent cycling/ brick sessions continues to be low, but there was very positive feedback from those attending, and some notable achievements with Mel, Jess and Bryn completing</p>	

	<p>the St Neots triathlon and Nina Gays completed the Cowman Triathlon. It was agreed to promote members triathlon stories</p> <p>COACHING First Aid Training Seven people completed first aid training. Paul said another run leader had wanted to do this and he will identify a training opportunity for her. We have 10 first aid kits that were purchased for the OVWM. Most of the contents are now out of date. Annette will purchase new items. The kits are small and can be carried in a running back pack. Some run leaders would prefer bum bag kits.</p> <p>Fundraising Kate circulated a report. The longest day runs and guestimate raised £272 and the fundraising total is £318.</p> <p>Communications Sophie needs to be linked to the BRJ press email. Clive to check all the emails links</p> <p>Kit Anna has samples of cycling and tri kit from Bioracer. There is no minimum order and people can order directly when the club 'window' for ordering is open, when closed the kit is produced. It was agreed to go ahead and consult on the design.</p> <p>Finance Ian circulated a report; There is £14, 372 in the bank account. Ian suggests the membership fee should be increased to £22 next year, due to increased costs and projected loss for the OVWM</p>	 PM AN CB AB
8. AOB	<p>Pentathlon Tony Farrow has agreed to organise the penthlon again next year. Tim asked if this could include more tri events. Tim to discuss with Tony</p> <p>BRJ takeover of Huntingdon Parkrun 23rd September, Claire to include in weekly email. There was a suggestion to also have a takeover of Junior Parkrun. The Jubilee parkrun 20th August is part of the junior championships .</p>	 TP
Date of Next Meeting	7.00pm Thursday 14 th September	

BRJ Run and Tri Session Attendance

April 1st to June 12th 2023

Session	Number of sessions	Average attendance	Revenue	Running costs	Profit or loss
Monday swimming	7	16	£575.00	£555.24	£19.76
Beginners' running	15	5			
Lake swimming	7	13			
Senior track	9	8	£581.97	£315.00	£266.97
Juniors	8	28			

June 13th to 28th July

Session	Number of sessions	Average attendance	Revenue	Running costs	Profit or loss
Monday swimming	6	11	£345.00	£475.92	(£130.92)
Lake swimming	8	15			
Senior track	4	6	£232.86	£140.00	£91.86
Juniors	5	17			

April 1st to July 28th 2023

Session	Number of sessions	Average attendance	Revenue	Running costs	Profit or loss
Monday swimming	12	13	£870.00	£958.84	(£81.84)
Lake swimming	15	14			
Senior track	13	8	£745.47	£495.00	£250.47
Juniors	13	23			

January 1st to 31st March 2023

Session	Number of sessions	Average attendance	Revenue	Running costs	Profit or loss
Monday swimming	13	16	£1,000	£1,031	(£31.00)
Lake swimming					
Senior track	13	14	£374.54	£455.00	£80.46
Juniors	6	25			

Lake swimming 202

Sessions 19

Average attendance 19

Highest attendance 30 – 31st May

Highest attendance in 2023 – 24 – 16th June