BRJ Run and Tri

Minutes of the Annual General Meeting

31st March 2022

Present;

Claire Ashton, Samantha Ahern, Juliet Aungier, Anna Best, Clive Best, Tom Brand, Chris Brown, Stan Cragg, Iain Drylie, Sophie Etheridge, Rob Farrant, Claire Few, Ruth Foster, Tony Foster, Marcela Gracova, Mike Gullis, Alan Hannibal, Paul Harris, Geoff Hopcroft, Pete Jackson, Annette Newton, David Newton, Alice Noyes, Phil Pearsons, Ian Percy, Tim Phillips, Gerry Pye, Amanda Roland Convey, Kate Ruddock, Lisa Shacklock, Ian Shipley, Richard Stevens, Kerry Surkitt, Paul Treadwell, Jo Watts, Chloe Wilson, Ian Wilson, Sue Yendley

Apologies;

Jane Ainscow, Felicity Baillie, Jez Bottley, Michelle Caspersz, David Charman, Karen Charman, Roz Innes, Ian Lassiter, Paul Mitton, Mark Sheldon, Caroline Tilley, David Ward.

1.Welcome

Claire Ashton welcomed members to the AGM.

2 Minutes of AGM 13th March 2021

Minutes approved.

3 Chair's Report

Claire Ashton described the challenges of the previous year managing club activities through the changing Covid restrictions, and highlighted the many successful events.

These included:

- The Festival of Sport at Hinchingbrooke Country Park, following a successful bid to England Athletics for funding to support clubs. The day included workshops, stalls promoting the club, family events and games, with many BRJ volunteers. Several children and families joined the club following this event.
- Another successful beginners programme, led by Simon Lumley.
- 'Lock down races', 5K and 10K club races to enable members to race together in a Covid secure environment.
- Joining the #RunandTalk programme.
- Track sessions, and saying goodbye to Tony Farrow as BRJ coach, although Tony continues
 to be actively involved in club activities, including organising another Pentathlon
 Competition.
- A successful application to England Athletics for 3 club sessions with an EA coach. The first 2 sessions were in March, with the third to be organised.
- Implementing Clubpal as the club calendar, and to book and pay for sessions. Clubpal has simplified payments and been welcomed by members. Clubpal will be used for membership renewals this year.
- A Christmas party organised by Nicki McMahon. Planning ahead, Nicki has booked the date a venue for 2023.

Claire paid tribute to our amazing members, and their many achievements racing, supporting inter-club events and volunteering for the club.

Membership

Club membership is increasing again following Covid with 86 juniors, 288 seniors and 7 beginners (some beginners joined as seniors), total 381.

Charity Report

Sarah Taylor-Hall led fundraising for the Cambridge Acorn Project. Covid restrictions made it difficult to have some of our usual fundraising events. £852.88 was raised, donations to the AGM cake stall to be added.

Frostbite League

Claire thanked Claire Few for co-ordinating the club Frostbite, and organising the BRJ race with Kate Ruddock. Thanks also all the club athletes who raced and volunteered to make the Frostbite a success. The seniors finished 5th overall and the juniors 6th overall.

The Frostbite runners of the series were announced, and thanked for their commitment and their amazing performances.

The awards were;

Senior Woman- Marcela Gracova- award presented

Senior Man- Keelan Duffy

Junior Boy- Henry Reeves

Junior Girl- Freya Harris

Committee

Claire thanked the committee for all their work over the year and paid tribute to Alice Noyes and David Newton who are stepping down from the committee after many years. Alice has been membership secretary for 11 years, setting up the membership systems, information and policies. Alice is the welcoming face of BRJ as new members join the club. She gives huge support to club activities, including setting up the BRJ charity race and Ouse Valley Way Marathon. David has been chair and lead coach, developing the club systems, structures and coaching strategy, supporting members to become coaches and leaders, to enable more club sessions. The meeting thanked Alice and David and presented plants and cards.

4. Treasurer's Report

Ian Shipley presented the club accounts for the period ended 28th February 2022. He highlighted the benefits of Clubpal in tracking payments and removing cash transactions. The overall position is similar to the previous year.

The meeting thanked Ian for his work, and he can be contacted <u>secretary@brjrunandtri.org</u> if there are any further questions.

5. Fees Proposal

There was discussion of club membership fees with proposals from Claire and members.

The meeting voted on 4 options for senior membership;

- £17 renewal, £20 new members- 2 votes
- £20 renewal, £22 new members 0 votes
- £20 renewal and new members- 35 votes
- £20 renewal, new members reduced rate- 2 votes

It was agreed to continue with the current £20 senior membership fee. New members joining later in the year have a reduced rate to reflect when they join.

The optional England Athletic registered athlete fee is £16.

There is also the option of joining St Ives Cycling Club for a membership fee of £15.

It is proposed that junior membership will include a membership fee and the cost of paid sessions, eg track, as one fee. This can be paid as an annual fee or in instalments.

There is a 25% discount for family membership.

Claire will set up payment of membership fees via Clubpal and will notify members of this soon.

6. Resolution;

England Athletics require clubs to complete a governance audit prior to club renewal. The BRJ constitution is based on the EA model template. EA have made some changes to the template that are relevant to BRJ.

Resolution; To amend the constitution to reflect the updates from England Athletics; Objects add a new section 3.3

'to provide and assist in the provision of facilities for sport, recreation and other leisure time occupation of such persons who have need for such facilities by reason of their youth, age, infirmity or disability, poverty or social and economic circumstances or for the public at large in the interests of social welfare and with the object of improving their conditions of life.¹

18.1 The Committee

Add DBS verification within the list of roles

The amendments were unanimously agreed.

7. Charity Nominations

The following charity nominations were presented;

- Cancer Research- Gerry Pye and Mia Mucha
- Kith and Kids- Samantha Ahern
- Mind Huntingdon new mums group-Annette Newton
- Sue Ryder St John's Hospice Moggerhangar- Kerry Surkitt
- Trussell Trust- Lisa Shacklock
- Veronica Claxton Memorial Fund (Young Lives vs Cancer)- Felicity Baillie (presented Claire Ashton)

The meeting voted for Cancer Research as the BRJ charity this year.

8. Presentation 'Kerry's Marathon Challenges'

Kerry Surkitt gave an inspiring account of taking up running and her journey from a non-running smoker to a member of the 100 Marathon Club, She set herself the challenge of running 50 marathons by 50, but surpassed this. She completed her 110th marathon last weekend in a PB time of.3:49:17. Kerry fundraises for St John's Hospice Moggerhanger in memory of her friend Bev.

9. Looking to the Future

Claire outlined some plans for the year;

Tony Farrow will organise the pentathlon competition, with the first event 21st April.

The club will invest in cycling and triathlon training for members, to include bike handling activities, transition training, brick training and led rides, and will also train our own coaches with the support of a coach from Catenary Coaching.

BRJ have an arrangement with St Ives Cycling Club to enable BRJ members to join at a reduced rate and access SICC activities.

BRJ has provided some financial support to members competing at a national level and will build on this by establishing a sponsorship fund which will also be used to support hard to reach communities to take part in club activities.

10. Committee Renewal

Role		Nominated by	Seconded
Chair	Claire Ashton	Geoff Hopcroft	David Newton
Treasurer	Ian Shipley	Alice Noyes	Alan Hannibal
Secretary	Annette Newton	Nicki McMahon	Phil Pearsons
Membership Secretary/	Nicki McMahon	Simon Lumley	Gerry Pye
DBS verification			
Club Captain	Alan Hannibal	David Newton	Pete Jackson
Welfare Officer	Emma Stevens	Sue Yendley	Alice Noyes
Club kit Officer	Anna Best	Amanda Roland	Nicki McMahon
		Convey	
Coach Development	Paul Mitton	Chris Brown	Ian Wilson
Officer			
Triathlon Co-ordinator	Vacant		
Deputy Chairperson	Michelle Caspersz	Mike Gullis	Ruth Foster
Social Secretary	Lisa Shacklock	Simon Lumley	Nicki McMahon
Fundraising	Gerry Pye	Alice Noyes	Tom Brand
Junior Representative	Jo Watts	Nicki McMahon	David Newton
Communications Officer	Sophie Etheridge/	Anna Best	Tim Parsons
	Samantha Ahern		
Website Manager	Clive Best	Simon Lumley	Alice Noyes
Results Co-ordinator	Mike Gullis	Nicki McMahon	Geoff Hopcroft
Frostbite Co-rdinator	Claire Few	Alan Hannibal	Sue Yendley

11. George Cant Award

Presented annually in honour of George Cant who was a member of the St John's Ambulance organisation, and provided medical cover to the Frostbite Friendly League over many years. It is awarded by the committee to a member who has given particular commitment volunteering and supporting the club.

The George Cant Award for 2021 is given to Rachel Miller who has supported the club for many years, organising and managing the lake swimming. Rachel also coaches the juniors, and is the main contact for parents, making sure everyone is aware of the junior sessions.