

BRJ Committee Meeting

Tuesday 2nd November 2021

Present: Claire Ashton, Michelle Caspersz, Alice Noyes Annette Newton, Ian Shipley, Sarah Taylor-Hall, David Ward, Jo Watts

Apologies: Anna Best, Clive Best Nicki McMahon, David Newton, Emma Stevens

1. Welcome/ Apologies		
2. Minutes	Minutes of the committee Meeting 14 th September 2021 were approved.	
3. Action points	<ul style="list-style-type: none"> • Lake swimming Hinchingsbrooke Park/ donation of bench. Claire has contacted Rachel Miller to choose a suitable bench. 	
4. Officers Reports	<p>Committee Resignations</p> <ul style="list-style-type: none"> • David Thomas and Kate Ruddock have resigned from the committee, due to pressure of other commitments. They will continue to support the club, and were thanked for their work. <p>Membership</p> <ul style="list-style-type: none"> • New members are joining through Clubpal. <p>Multisport</p> <ul style="list-style-type: none"> • Pool Swimming Pool swimming is covering costs and 'bring a friend to try a session' attracted new members. It was agreed to continue this with a trial 4 weeks before people join BRJ. Sophie Eldridge and Mike Harmen are joining the swim coaches. • Cycling St Ives Cycle Club have agreed that BRJ members can join SICC for zero cost, this would give access to club rides, time trials etc just like any other SICC member. The membership year starts in January and BRJ members wanting to join will be sent a code. British Cycling membership is optional and cyclists sign up directly, not through the club. There are benefits to joining, eg insurance. Claire will discuss whether the Thursday 'Night on the Bike' can be added to SICC events. <p>There would be a reciprocal arrangement for SICC members wanting to join BRJ.</p> <p>Coaching Coordinator</p> <ul style="list-style-type: none"> • David organised a meeting with coaches and leaders, to review their availability and the requirements of the weekly programme. Five people have recently trained as Leaders in 	CA

	<p>Running Fitness and the Monday club run is sustainable. Swim coaches have been recruited for the pool swimming. The main requirements are an additional coach for senior track, an additional leader for S&C, and more coaches, assistant coaches/leaders, and volunteers for Juniors. There will be an ongoing need to recruit leaders and support leaders to train as coaches, as peoples' commitments change.</p> <p>The leaders suggested ways to encourage more volunteers to train as leaders and coaches;</p> <ul style="list-style-type: none"> • Promote the club more visibly at parkrun, eg Parkrun 'take over', BRJ flag, encourage members to run in club colours. • The Festival of Running brought more families/juniors to the club. Consider repeating this, focusing just on families/children • Highlight the need for more people to volunteer and train as leaders, add to the weekly email and proposed membership survey to canvas interest • Individual conversations with people who may be interested. • Coach/ leaders profiles on the website to make these roles more visible <p>Beginners</p> <p>Simon Lumley reported a successful programme with 7 committed runners, who are comfortable running for an hour continuously, and will join the Monday club run from 8th November. Simon outlined proposals for the next Beginners Group from end January to September 2022. The committee supported another course but questioned the length of the course, and suggested integrating with the Monday club run early in the programme. Claire to discuss with Simon.</p> <p>Strength and Conditioning</p> <p>Paul Homewood reported on the first 5 weeks of the S&C sessions. Numbers have been lower than previously, with 34 paid slots, this has covered the cost of the hall. Paul suggests October races, half-term, and illness have depleted numbers.</p> <p>Juniors</p> <p>There are 35 to 40 children attending Junior sessions regularly. The number of licenced volunteers supporting the juniors remains a concern. There is a rota to ensure each session can be run with adequate support and supervision. Until more volunteers can be recruited the wider group of licence holders have been asked to join the rota to help when they can, until the Christmas break. The Juniors will move to S&C in January. Claire suggested to consider a waiting list.</p> <p>Fund-Raising</p> <p>Sarah has booked the Montague Club for a Quiz night on 19th February. Tickets will be £2/ person for a table of 6. The Quiz Night can be BRJ only or The Montague Club can advertise to others.</p>	<p>CA</p> <p>DN Leaders</p> <p>CA</p>
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8. Proposal for Running Champs	It was agreed to re-launch the senior and junior running championships in 2022 using the same format ,with some modifications. A draft list of championship events was considered with further suggestions. This needs to be finalised asap and promoted in the club.	ANe/CA
9. Future BRJ Races	Claire has spoken with Sublime Racing who are not able to support any more events. Active Training World could support race registration/ timing and set up, if BRJ has an event or a venue for an event. For further consideration at next meeting OVWM, charity event, duathlon?	
9.AOB	Track David W asked if parents waiting for children at track could use an outer lane to run. This prompted a discussion of how to track is used and the potential for combining junior and senior track. Claire to discuss with Paul Mitton and David N	CA/DN/PM
15. Date of Next Meeting	7.00pm Tuesday 11 th January 2022 Items for Next Meeting <ul style="list-style-type: none"> • AGM/ Officers 	